

CHLNet/LEADS Canada Webinar

“Engaged Docs are Happy Docs: No Physician Engagement without Addressing Physician Burnout”

Monday, June 24, 2019, 12pm-1pm EST

Register yourself and your colleagues for this informative and free webinar on the connection between physician engagement and health and wellbeing, co-hosted by the Canadian Society of Physician Leaders. This is a challenging time for leaders in health care. Along with many other critical challenges, leaders are dealing with an exhausted and disillusioned work force. We will look at burnout among physicians – the scope of the problem, what it is, and why we should care. The relationship between physician health and physician engagement will be clarified. We will identify what leaders can do to address burnout and enhance physician engagement. Several frameworks for physician engagement, along with practical strategies and tips, will be offered.

By the end of this webinar, participants will be able to:

1. Appreciate the current challenges in health care
2. Learn about Physician Burnout
3. Know the Relationship between Physician Health and Engagement
4. Define Models of Physician Engagement
5. Gain Practical Tips for Physician Engagement

Moderated by Kelly Grimes, join us for this informative hour of learning. **To register, please [click here](#).**

Guest Speaker

Dr. Mamta Gautam (MD, MBA, FRCPC, CCPE) is a psychiatrist at The Ottawa Hospital and in the Department of Psychiatry at the University of Ottawa; and President and CEO of PEAK MD. Dr. Gautam is an internationally renowned clinician, consultant, researcher, speaker and author in the areas of Professional Health and Professional Leadership. She is a pioneer in the area of physician health and well-being and has been hailed as “The Doctor’s Doctor”. She is the founding director of the University of Ottawa Faculty of Medicine Wellness Program; as well as the Canadian Medical Association Centre for Physician Health and Wellbeing, where she served as the Chair of the Expert Advisory Group. She created the Canadian Psychiatric Association Section on Physician Health; and in 2008, she founded the International Alliance on Physician Health, bringing together experts worldwide to collaborate on work in this area.



She has written two bestsellers – Irondoc: Practical Stress Management Tools for Physicians and The Tarzan Rule: Tips for a Healthy life in Medicine. She brings this knowledge and expertise to PEAK MD, through which she consults to organizations and corporations; and coach’s senior leaders internationally. She is the recipient of numerous prestigious awards for her innovative work in professional health and has been awarded Distinguished Fellowships in both the Canadian and American Psychiatric Associations. An experienced leader, she is a Past President of the Ontario Psychiatric Association and the Federation of Medical Women of Canada. She is a faculty member at the American Association of Physician Leaders, and Joule’s Physician Leadership Institutes, and serves on the Board of the Canadian Society of Physician Leaders.

